

Module 5



Personal Threats

Incl. Cyber Bullying and Online Grooming



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Module 5 – Personal Threats

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1 Learning Objectives

1. Learning about what risks online communication can have towards our mental and physical wellbeing;
2. Understanding the different types of mental and physical harm that can result from online harassment;
3. Dealing with malicious or harmful behaviours against us.

2 General Description

In the modern digitalised world, a lot of the aspects of society are reflected online, both positive and negative. The internet offers freedom of speech and openness, which give people countless opportunities and new ways to communicate and come into contact with each other. Similar to every technology, online communication can be used maliciously by various people, and it can be used to cause harm – whether intentionally or unintentionally.

This module aims to teach students about potential threats they may face while online, and to equip them with the skills needed to deal with such issues. **Online grooming** will present the risks of communicating with strangers at a level that is accessible by the students, and **Cyberbullying** will teach students to recognise and reject such behaviours in others, and present the harmful effects of cyberbullying.

Overall, students will be taught how to preserve their mental and physical wellbeing against outward threats that can be encountered on the internet.

3 Introduction to the Topic

Communication has become a lot easier due to the internet and other technological advancements. We can connect with almost anyone, almost everywhere in today's digital world. This is a huge improvement in our lives, but it also has some risks which can have a major negative impact on us, especially if we are not prepared against them. In order to shield ourselves, we need to know and understand the dangers and threats we may come across on the internet. In addition, we need to be equipped with ways to deal with these dangers, and know when it is time to talk to a grownup for help.

4 Framework

TOPIC 1	Indicators (Level)	Benchmarks (Aim)	Syllabus	Activity	Resources / Scenarios <i>Basic</i> (10-12 y.o.)	Resources / Scenarios <i>Advanced</i> (12-15 y.o.)	Assessment
CYBER BULLYING	Understand	By the end of the lessons the students will be able: 1.1 To understand what bullying is 1.2 To discern what cyberbullying is 1.3 To understand the concept of hate speech 1.4 To accept that online interaction is a reflection of face-to-face interaction	Topics to be taught by teacher: 1.1 Definition of bullying 1.2 Definition of cyberbullying 1.3 Definition of hate speech 1.4 Social media as an extension of society	1.1 - 1.3 Presentation	1.1 to 1.3 Presentation and video https://www.youtube.com/watch?v=6ctd75a7_Yw	1.1 to 1.3 Presentation and video https://www.youtube.com/watch?v=6ctd75a7_Yw	Pre-Testing: Quiz (What do students know about cyberbullying, do they know how to deal with it?)
	Engage / Interact	By the end of the lessons the students will be able:	Topics to be taught: 2.1 Cyberbullying patterns	2.1 -2.2 Presentation	Presentation	Presentation	Quiz: Multiple choice and T/F questions.

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	<p>2.1 To recognise cyberbullying behaviour</p> <p>2.2 To perceive signs of (cyber)bullying victimization in others</p> <p>2.3 To act against cyberbullying instances</p>	<p>2.2 Signs that someone is being victimised by (cyber)bullies</p> <p>2.3 Responding to cyberbullying</p>				
Analyze	<p>By the end of the lessons the students will be able:</p> <p>3.1 To analyse the reasons behind cyberbullying</p> <p>3.2 To consider the personal issues of a bully that may lead them to bullying.</p> <p>3.3 To analyse their own experience – have they been a victim or a bully in the past?</p>	<p>Topics to be taught:</p> <p>3.1 Reasons behind cyberbullying</p> <p>3.2 Who becomes a (cyber)bully</p> <p>3.3 Cyberbullying and self</p>	3.1 Presentation	Presentation	Presentation	Quiz: Multiple choice and T/F questions.
Evaluate	<p>By the end of the lessons the students will be able:</p>	<p>Topics to be taught:</p> <p>4.1 Consequences of cyberbullying</p>	4.1 and 4.2 Presentation	Presentation	Presentation Activity: Video	Quiz: Multiple choice and T/F questions.

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	<p>4.1 To consider the consequences of cyberbullying</p> <p>4.2. To reflect on good responses to cyberbullying</p> <p>4.3 To reflect on bad responses to cyberbullying</p> <p>4.4 To understand the importance of support towards victims</p>	<p>4.2 Responding to cyberbullying</p> <p>4.3 The importance of support</p>			<p>https://www.youtube.com/watch?v=MV5v0m6pEMs</p>	
Create	<p>By the end of the lessons the students will be able to:</p> <p>5.1 To evaluate their own online behaviour and re-create, modify adjust etc. accordingly, to prevent cyberbullying</p> <p>5.2 To create a safe online environment for themselves</p> <p>5.3 To help others deal with cyberbullying</p>	<p>Topics to be taught:</p> <p>5.1 What students need to ask themselves about cyberbullying</p> <p>5.2 Tips for students to follow to prevent cyberbullying</p> <p>5.3 Taking to others about cyberbullying</p>	5.1 and 5.2 Presentation	Presentation	Presentation	Quiz: Multiple choice and T/F questions.

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TOPIC 2	Indicators (Level)	Benchmarks (Aim)	Syllabus	Activity	Resources / Scenarios <i>Basic</i> (10-12 y.o.)	Resources / Scenarios <i>Advanced</i> (12-15 y.o.)	Assessment
ONLINE GROOMING	Understand	By the end of the lessons the students will be able to: 1.1 To understand what online grooming is 1.2 To accept that online interaction is a reflection of face-to-face interaction	Topics to be taught by teacher: 1.1 Definition of online grooming	1.1 - 1.3 Presentation	1.1 - 1.3 Presentation and video	1.1 - 1.3 Presentation and video	Pre-Testing: Quiz (What do students know about online grooming, do they know how to deal with it?)
	Engage / Interact	By the end of the lessons the students will be able to: 2.1 To recognise online grooming behaviour 2.2 To perceive signs of online grooming victimization in others	Topics to be taught by teacher: 2.1 Online grooming process 2.2 How to recognise online grooming 2.3 Signs that someone is experiencing online grooming	2.1 - 2.2 Presentation	Presentation	Presentation	Quiz: Multiple choice and T/F questions.

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	2.3 To act against online grooming instances	2.4 What to do in case of online grooming				
Analyze	<p>By the end of the lessons the students will be able to:</p> <p>3.1 To analyse the reasons that people fall victim to online grooming</p> <p>3.2 To analyse their own experience – have they experienced online contact with someone who wants to mislead them?</p>	<p>Topics to be taught by teacher:</p> <p>3.1 Reasons that kids fall victim to online grooming</p> <p>3.2 Online grooming and self</p>	3.1 Presentation	Presentation	Presentation	Quiz: Multiple choice and T/F questions.
Evaluate	<p>By the end of the lessons the students will be able to:</p> <p>4.1 To consider the consequences of online grooming</p> <p>4.2 To reflect on good responses to online grooming</p>	<p>Topics to be taught by teacher:</p> <p>4.1 Consequences of online grooming</p> <p>4.2 Responding to online grooming</p> <p>4.3 The importance of support</p>	4.1 & 4.2 Presentation	Presentation	Presentation Activity: Video	Focus Group Discussion Quiz

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		<p>4.3 To reflect on bad responses to online grooming behaviours</p> <p>4.4 To see the importance of support</p>					
	Create	<p>By the end of the lessons the students will be able to:</p> <p>5.1 To evaluate their own online behaviour and re-create, modify, adjust etc. accordingly, to prevent online grooming</p> <p>5.2 To create a safe online environment for themselves</p> <p>5.3 To help others deal with online grooming</p>	<p>Topics to be taught by teacher:</p> <p>5.1 Tips for students to follow to prevent online grooming</p> <p>5.2 Talking to others about online grooming</p>	5.1 & 5.2 Presentation	Presentation	Presentation	<p>Quiz: Multiple choice and T/F questions.</p>